

Our Lady of the Holy Souls Catholic Church

1003 North Tyler Street - Little Rock, Arkansas 72205

"Encounter Jesus, Serve Others."



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& Faith Formation Director

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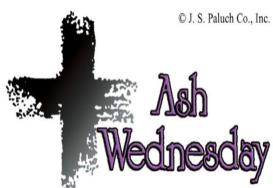
Amber Bagby, Principal

Church Office: (501) 663-8632 • **Website:** www.holysouls.org
E-mail: office@holysouls.org • **Facebook:** www.facebook.com/OLHSAR
School: (501) 663-4513

SEVENTH SUNDAY IN ORDINARY TIME - February 19, 2023

OUR LADY OF THE HOLY SOULS ASH WEDNESDAY MASS TIMES

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Wednesday, February 22

7:00 A.M. Mass
8:15 A.M. School Mass
12:00 P.M. Mass
5:30 P.M. Mass

Ash Wednesday is a Day of Fast and Abstinence from meat. There is a limit of one full meal and two smaller meals on these days for all people between the ages of 18 and 59. Please see page 3 for information about Lent at Holy Souls.

Adoration will take place as usual on Ash Wednesday, except it will be paused during the Noon Mass.

On Ash Wednesday a special collection will be taken up to support missionary activities and the priests and religious who proclaim the Gospel of Jesus Christ as they serve among the people of our diocese. One hundred percent of this collection goes to direct ministry expenses.

Children's LITURGY OF THE WORD

This Lent, beginning Sunday, February 26, we are introducing Children's Liturgy of the Word on a trial basis at the 10:30 a.m. Mass, led by our clergy, when available. This Liturgy is designed to make the gospel message relevant to the lives and experiences of children aged 5-11. Children who wish to participate will be dismissed with an adult leader before the first reading and return just before the offertory.



Adult Helpers are needed on a rotating basis to assist with supervision of the children during the celebration of the Liturgy. If you are interested in assisting, please call the church office 501-663-8632.



"But I say to you, love your enemies and pray for those who persecute you."

Matthew 5:44



NON-VIOLENT RESISTANCE

Our readings from Leviticus and from Matthew today explore an especially difficult challenge: how to respond to injury and humiliation. Leviticus teaches that, in order to be holy, God's people must refrain from grudges or revenge. In Matthew, Jesus teaches that we must first avoid actions that continue an escalating cycle of retribution. Jesus advocated a creative non-violent resistance, a response that both refuses to accept being humiliated and keeps open the possibility of reconciliation. For his listeners, turning the other cheek or walking the second mile were ways to throw the oppressor off-balance. They expose the harm being done, and sustain one's personal dignity. When Jesus follows with his next teaching, "love your enemies," he points to what might be a long journey of forgiveness toward those who hurt us. At these times, we might remember that Jesus, in his suffering and death, followed a similar path.

TEMPLE OF GOD

When Paul writes "you are the temple of God," note that he uses the plural form of "you." He was speaking about the community at Corinth as a temple. For Paul, a temple is where God dwells. God abides, and is active within, the shared life of the community. Paul speaks at length about the divisions within the Corinthian community. These divisions were seen as a defilement of God's temple.

We encounter divisions in our own Church today, sometimes accompanied by a troubling lack of humility and charity. Often the conflicts revolve around establishing markers of true discipleship, with some emphasizing personal faith and morality, and others emphasizing justice and the Church's social teachings. Perhaps the Spirit, active in the temple of our shared life, points toward Jesus' command "love your enemies." Perhaps we best exhibit discipleship in the charity we extend, and our capacity for dialogue, with those who disagree with us or who are unkind to us.

THE SERMON

Today we conclude the series of Sunday Gospel passages from the Sermon on the Mount, Matthew's chapters 5–7. Having proclaimed the coming of the Kingdom, Jesus extensively described to his new community what life is like in this new realm, and the inner dispositions needed to enter into it. He exposed hidden places of the heart, especially those places that needed to be healed.

The Sermon is a huge challenge for us today. The Sermon pushes against our attempts to compromise what God summons us to be and to do. It challenges our deep desires to see ourselves as virtuous, and to resist God's desire to transform us. It reminds us that we are both loved by God and in need of God's help. As we anticipate the season of Lent, consider prayerfully reading the Sermon as a whole. We are invited to carefully explore our deeper motivations, to allow God to uncover and to heal our fears and our wounds.

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TODAY'S READINGS

Leviticus 19:1–2, 17–18
Psalm 1–2, 3–4, 8, 10, 12–13
1 Corinthians 3:16–23
Matthew 5:38–48

Looking Towards Lent . . .

Stations of the Cross



Every Fridays at 5:30 p.m.

At Holy Souls during Lent, Stations of the Cross are every Friday in the church at 5:30 p.m. or you may say a private Stations of the Cross any time the church is open.

This year different parish organization will present special Stations of the Cross each week:

- | | |
|-------------|---------------------------------|
| February 24 | - Men's Club |
| March 3 | - Altar Society |
| March 10 | - Knights of Columbus |
| March 17 | - Youth Group |
| March 24 | - Senior's Group |
| March 31 | - Holy Souls School's 4th Grade |

Lenten Small Group Begins
February 28th, 10-11:30 AM in
the Parish Hall



The CHOSEN

Sign up here if interested in watching Season 1 of The Chosen, followed by small group discussion.
No Materials Needed!



Join our parish community—and nearly 14,000 Catholic communities across the United States—in a life-changing Lenten journey with CRS Rice Bowl. Pick up your family's rice bowl in the Church Vestibule! Remember, what you give up for Lent changes lives.

Holy Souls Lenten



Friday, March 3, 17 & 31

6:00 - 8:00 p.m. ~ Allen Center Cafetorium
In Person Dining and To Go Orders are available.

MENU:

Catfish Fillets, Cole Slaw, French Fries,
Hush Puppies, Iced Tea, Beer & Wine

PRICE:

\$12 Adults, \$10 Seniors, \$6 kids (*8th grade or younger*),
and \$30 max. for family (*immediate family member
including 2 adult plates and 3 or more kid plates*).

Sponsored, Cooked, & Served By
Holy Souls Men's Club



Ash Wednesday and Good Friday are days of fasting (one full meal and two smaller ones) and abstinence (no consumption of meat).

Fridays of Lent are days of abstinence in the United States. The obligation to abstain begins at age 14. The law of fasting is for those between the ages of 18 & 59.

Parents and teachers are asked to educate those not bound by the laws of fasting and abstinence about the true spirit of penance and to encourage them to perform acts of penance suitable to their age.

All members of the faithful are encouraged to perform acts of penance and charity beyond what is prescribed by Church law.



CONFESIONS AT HOLY SOULS

Wednesdays - 4:00 to 5:00 pm

and

Saturdays - 2:30 to 3:30 p.m.

COLLECTIONS/STEWARSHIP UPDATE

Mass attendance, February 4 & 5	872
Mass attendance, February 11 & 12	1,143

Weekend Collections –

February 4 & 5	\$ 30,573
February 11 & 12	\$ 32,440
Total February Collection	\$ 63,013
Total Feb. Budgeted Collections	\$ 100,000

Actual Collections (7/1/22 - 1/31/2023)	\$ 919,179
Budgeted (7/1/22 - 12/31/22)	\$ 900,000
Amount in excess of Budget	<u><u>\$ 19,179</u></u>
Children's Collection	<u><u>\$ 424</u></u>
Maintenance Fund	<u><u>\$ 1,064</u></u>

Thank you for supporting our church.



Catholic Arkansas
Sharing Appeal

Did you know that your CASA offerings are a source of funding for the education of our Seminarians? Your faithful support helps provide the best in intellectual, personal and spiritual training and education that all of our Seminarians deserve. They have given everything for us and the Church. Do we owe them any less than the best that we can give? Return your CASA gift/pledge in the envelopes provided.



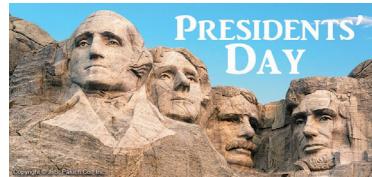
Join our
**YOUNG
CATHOLIC
ADULTS GROUP**

The Catholic Diocese of Little Rock is committed to protecting children and young people. If you are aware of abuse or have been abused by Clerics, Church volunteers, or Church workers, please contact the State of Arkansas Hotline for Crimes against Children at 1-800-482-5964 and the Chancellor for Canonical Affairs, Dcn. Matthew A. Glover, (501) 664-0340 ext. 361. For pastoral assistance please contact the Victim Assistance Coordinator for the Diocese of Little Rock: Laura Gosponer, (501) 664-0340, ext. 425. Diocese of Little Rock, 2500 N. Tyler St., Little Rock, AR 72207.



Eucharistic Ministers to the Sick

We need Eucharistic Ministers to the Sick to the hospital and to those that are at home. This is a special ministry where you give of yourself but you receive so much in return. If you would like to discuss joining this ministry, please contact Laura in the church office.



Holy Souls Church Office and School will be closed on Monday, February 20, in observance of Presidents' Day.

Did You Know?

Did you know there are 3 Options for the Penitential Act during Mass?

1st Option:

I confess to almighty God and to you, my brothers and sisters.....

2nd Option:

Priest says:	Have mercy on us, O Lord.
People reply:	For we have sinned against you
Priest Says:	Show us, O Lord, your mercy.
People reply:	And grant us your salvation.

3rd Option:

"Invocation Form"

Priest or Deacon:	You were sent to heal the contrite of heart, Lord have mercy
People reply:	Lord have mercy
Priest or Deacon:	You came to call sinners, Lord have mercy
People reply:	Lord have mercy
Priest or Deacon:	You are seated at the right hand of the Father to intercede for us, Lord have mercy
People reply:	Lord have mercy

In the Invocation Form, the wording of the invocation can vary based on the Celebration.

For Lent, we are going to use the second option of the Penitential Act

Grateful Stewards of God's Gifts . . .

Laura Humphries,
Parish Life & Stewardship Director

When God saw what they did, how they turned away from their evil way, God repented of the evil which he had said he would do to them; and he did not do it.

Jonah 3:10

There will always be times when we'd rather do what we want and not what God wants. Jonah is a great example of someone who wanted to do things his way. After reluctantly going to Nineveh (after a layover in the belly of a large fish), Jonah proclaimed God's message of repentance, and the people responded. Even though John didn't want to be there and didn't feel that the Ninevites deserved a second chance, God worked through him and got the job done. What's the moral of the story? If you don't feel like praying, pray anyway. If you don't feel like reaching out to a friend, do it anyway. If you feel like giving up, keep going. Don't base your spiritual life on feelings. God can work through you in amazing ways, even if you don't feel a thing!

An excerpt from Stop Worrying and Start Living

When we use our gifts the way that God wants us to use them, God is working through us. As I have said a hundred times, we all have gifts and talents and we must use them to help build the Kingdom of God on earth. It helps to figure out what our gifts are so that we can better serve God. Some of us like to do things behind the scenes while others are able to be out in front of others. All of us are needed. Praying, visiting the sick and homebound, working at Helping Hand sorting food or clothing, cleaning the church, being a garden angel, Adoration, Eucharistic Ministers, Ushers, Lectors, Altar Servers, Choir Members, Eucharistic Ministers to the Sick to mention a few. All of these are opportunities to use our gifts and talents. Even when we don't think we have time to do any of these things, we probably do. We need to take a good look at what we do with our time. How much time do we give to God? It's a matter of faith and works and eternity.

Encounter Jesus, Serve Others

Responding to the Word This Week

Jesus asks us to love our enemies
How can I respond to Jesus'
difficult request?
Jesus, today I will . . .

*To reflect on this Sunday's readings online, go to
www.usccb.org/bible/readings/021923.cfm

Why Are Saints So Important To The Catholic Church And In Our Faith Journey!

Cultivating a deeper relationship with a saint is a **helpful way to grow in your faith and in communion with the Church of the past, present, and future**. These intimate friendships help connect us to heaven, even as we struggle on Earth.

We will start this new effort to get to know our saints better in March with **St Joseph, whose feast day is celebrated this year on March 20!** His feast day is normally celebrated on March 19; however, this year, that date falls on a Sunday. Since St Joseph's feast is a very important one, a **solemnity**, it is not celebrated on Sunday, but on its own special day.

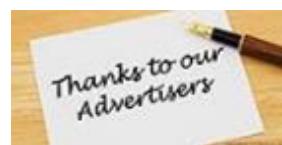
HERE ARE SOME WAYS TO COME TO KNOW AND HONOR THE SAINTS...

- **Ask a specific saint to pray for you — every day.**
- **Read about the life of that saint.** We grow in our relationship with a friend by spending quality time together. Learn about their virtues, struggles, and character and see how they grew in holiness.
- **Share the saint's story with others.**

Excerpts from goodcatholic.com
[Six Ways to Deepen Your Relationship with Your Patron Saint](#)
By Cheryl Hadley, Published April 27, 2022

ADORATION OF THE BLESSED SACRAMENT

We need you in Adoration on Wednesdays at Holy Souls. We begin at 9am on Wednesday mornings and go until 5pm. We need people at every hour to be present with Jesus. I promise you will get more than you can imagine spending quiet time with our Lord. Call the church office and choose a time. Come and sit with Christ. It is an amazing hour and Jesus wants you there.



Please be sure to thank the generous advertisers in our bulletin. Through their participation, our parish receives our weekly bulletin free of charge.

Around the Diocese . . .

CONVALIDATIONS: Convalidation classes are offered for couples who are married civilly (outside the Catholic Church) and wish to have a sacramental marriage within the Church. With the approval of your pastor, please register for a Convalidation Class at least one week prior to the event. Our next class will be offered online on February 25, 2023. To register call the Family Life Office at (501) 664-0340 for additional information.

HOPE & HEALING, a 12-week online Bible study just for women who have been wounded by abortion, will begin March 1, 2023, meeting on Wednesday evenings from 6:00 -7:15 p.m.* via Zoom. This free Project Rachel Ministry opportunity will explore the impact of past abortion decisions on our lives and help us discover what we need to do to heal from these traumatic experiences.

On this journey of self-discovery and empowerment we will meet 12 amazing women who, just like us, are wives, mothers, daughters, sisters, and friends. Together, we will learn how these women faced the same struggles and challenges that we face, and through their example gain insight into what we can do to make changes in our own lives so that we can move forward from lingering grief, shame, guilt, fear, and pain, to acceptance, forgiveness, trust, peace, love, and joy. Any woman, anywhere, can participate from the comfort of her own space, anonymously if desired, with a virtual group of soon-to-be friends. Call or text our **CONFIDENTIAL direct phone line 501-663-0996** for more information. Registration is required by February 22, 2023.

*Other meeting days/times may be available. Please call if interested.

PHOTO CONTEST: Any Arkansas photographer, 18 or older, can enter their photo of a local Catholic church or institution for a chance to be featured on the cover of the 2024 Diocese of Little Rock directory. *Arkansas Catholic* sponsors the annual cover photo contest. The contest entry deadline is March 17.

Sister Maria Rose Carter, OSB, of Holy Angels Convent in Jonesboro won last year's contest with a photo of a sunlit mosaic depicting St. Benedict. Her photo was featured on the cover of the 2023 directory. Complete rules and an entry form are available on the *Arkansas Catholic* website, arkansas-catholic.org. For more information, contact Emily Roberts by e-mail to eroberts@dolr.org.

Petitions of the Ministry of Praise

February 2023

Pope Francis' Intentions:

We pray that parishes, placing communion at the center, may increasingly become communities of faith, unity and welcome towards those most in need.



In order to keep our bulletin prayer list up-to-date for the sick, names will remain on the list for four weeks. Then their name will be written in the Book of Intercession where they will be remembered during every Mass. To continue for another four weeks, please call the church office.

OUR PARISHIONERS -- Benjamin Stuart; Glennabell McCumsey; Frank Kremers; Doug Pilcher; Kelly Ochoa; Alice Stuff; Betty Dix; Rick Blank; Tom Johnson; Noel Oman; Lillian Henriquez; Judy Sims; Doug Schneider; Gene France; Nick Kirchner; Curt Lassiter; Chris Price; Ann Hoffmann; Mike Henry; Karen Blanzenksi; Morgan Payne; Martha Flynn; Tracey Gibby; Cathy Donovan; Laura Peach; Buff Easterly; Matthew Prickett; and Jane Griffin.

OUR FRIENDS AND FAMILY MEMBERS -- Lucille Marconi; Frances Heffington; Phil Marks; Chris Ashcraft, Susan Jones, Liz George; Alissa Hastings; Jamie Garrett, Ceile Faulkner; Karmen Hopkins; Amy Woody; Gretchen Golden; Jason Brown; The Petty Family; Phyllis Marks; Mary Ellen Eddings; Lucinda Dixon; Pat Mondy; Daniel Kemp; Shelby Stafford; Shandy Roy; Jane Madden; Skylar Hammond; Alice Humphries; Charles Wickstrom; Pat Parker; Paula Thompson; Jamie Roper; Janet Reynolds; Samantha Tanner; and Michael Berry.

THOSE WHO HAVE DIED -- Jimmy Dale Rupple.

OUR SEMINARIANS – especially Kevin Medina and Phillip Necessary.

REGISTRATION FOR NEW MEMBERS

Registration for new members is completed in the church office or online by visiting our web page, www.holysouls.org. Please contact the church office or go online at www.holysouls.org if you have moved, changed your telephone number, or email address. When parishioners reach 18 years of age, they should register separately from their family.

RCIA

If you are interested in becoming Catholic, please contact Susej Thompson at 501-663-8632 or office@holysouls.org.

RETURNING CATHOLICS

If you are interested in returning to the Catholic Church, please contact Susej Thompson at 663-8632 or office@holysouls.org.

SACRAMENT OF RECONCILIATION

Saturdays from 2:30 to 3:30pm and Wednesdays from 4:00 to 5:00pm or call the church office for an appointment.

CHURCH VISITS

The Church is open for private prayer time on Monday, Tuesday, Thursday, & Friday from 7:30am-3pm and on Wednesday from 7:30am -5:15pm. Please enter through the door on Harrison St. side by piano or the handicapped door in the front of church.

BAPTISM

Baptisms are scheduled on an individual basis. Please call the church office for more information.

SACRAMENT OF MARRIAGE

Contact the church office a minimum of six months in advance.

Mass Intentions

FOR THE WEEK



To read the daily reading online, go to www.usccb.org/nab/today.shtml

Monday, February 20

7:00 a.m. Mass

Tuesday, February 21

7:00 a.m. Mass

Wednesday, February 22

8:15 a.m. School Mass

5:30 p.m. Mass

Thursday, February 23

7:00 a.m. Mass

Friday, February 24

7:00 a.m. Mass

Saturday, February 25

4:00 p.m. Mass

Sunday, February 26

8:00 a.m. Mass

10:30 a.m. Mass

5:30 p.m. Mass

Sir 1:1-10; Ps 93:1-2, 5; Mk 9:14-29

Arlis & Gwen Bradley by Kathy & Bart Taylor

ST. PETER DAMIAN - Sir 2:1-11; Ps 37:3-4, 18-19, 27-28, 39-40; Mk 9:30-37

Special Intention for Martha & O. C. Flynn by Their Secret Pal

ASH WEDNESDAY - Jl 2:12-18; Ps 51:3-6ab, 12-14, 17; 2 Cor 5:20 — 6:2; Mt 6:1-6, 16-18

Special Intention for Holy Souls School by Holy Souls Parish

Jean & Renee Bessieres by Cecile Wilson

ST. POLYCARP - Dt 30:15-20; Ps 1:1-4, 6; Lk 9:22-25

Louise Beltramo by Janis Voetberg

Is 58:1-9a; Ps 51:3-6ab, 18-19; Mt 9:14-15

Philippe Bessieres by Cecile Wilson

Is 58:9b-14; Ps 86:1-6; Lk 5:27-32

The Guzik & Pawlowski Families by Elzbieta Pawlowski

FIRST SUNDAY OF LENT - Gn 2:7-9; 3:1-7; Ps 51:3-6, 12-13, 17; Rom 5:12-19 [12, 17-19]; Mt 4:1-11

Darcy Schwartz by Denise & Ron Steck

Intention of Parishioners

Georgia Rhea Berry by Ted & Bobbie Yotter

Mass Intentions may be offered for the Repose of the Soul of a deceased loved one or for healing, a special occasion, or a special intention for yourself, a family member, or friend. Please contact Stacey in the Church Office for more information.



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