

**“God’s word is
unpredictable in its power.”**

POPE FRANCIS, EVANGELII GAUDIUM, 22



The Evangelical Catholic, Inc.

PREPARE

- Begin with the sign of the cross.
- Invite the Lord’s presence and guidance.
- Spend a few moments in silence.

READ

- Read a Scripture selection slowly and attentively.
- Note any word, phrase, or image that catches your attention.
- Consider reading more than once, and/or out loud.

REFLECT

- Ponder the meaning of whatever caught your attention.
- Possibly imagine yourself in the scene.
- What is the Lord saying to you through this text?
- Are there any: promises to claim, commands to obey, examples to follow, errors to avoid, praises to sing...

RESPOND

- Talk to God about the passage or anything else on your heart.
- Thank God for blessings received; Ask him for what you and others need.
- Note any changes or actions you are drawn to live out.

REST

- Spend a few minutes in restful silence with God.
- “Be still and know that I am God” (Ps 46:11).

**30 DAY
KICK START**

1. Matthew 16:13-17

Who do you say that I am?

2. Matthew 3:13-17

The baptism of Jesus.

3. John 4:1-42

Jesus offers living water.

4. Luke 5:1-11

Put out into the deep.

5. Mark 1:21-39

A day with Jesus.

6. Mark 2:1-12

Jesus forgives and heals

7. Luke 7:36-50

Jesus sees us.

8. Mark 4:35-41

Jesus calms the storm.

9. Mark 5: 25-34

Your faith has saved you.

10. Mark 6:30-44

Jesus feeds the 5,000.

11. Matthew 14:22-33

Jesus walks on water.

12. Mark 10:17-31

The challenge of Jesus.

13. Mark 9:30-37

Willing to give it all.

14. John 10:7-18

The Good Shepherd.

15. Luke 10:38-42

You need only one thing.

16. John 11:1-44

Jesus raises the dead.

17. John 8:1-11

Jesus doesn’t condemn.

18. Mark 10:46-52

What do you want me to do for you?

19. Luke 19:1-10

Jesus invites himself over.

20. Luke 15: 11-32

Jesus’ forgiving Father.

21. Matthew 20:20-28

Servant of all.

22. Matthew 25:31-40

Jesus identifies with the poor.

23. John 12:1-8

Worthy of all honor.

24. John 13:1-17

The call to humble service.

25. Luke 22: 14-20

Body given and blood shed for you.

26. Matthew 26:36-46

Surrendered to the Father’s will.

27. Luke 23: 33-47

Jesus gives everything for you.

28. John 20:1-18

Jesus is alive.

29. Luke 24:13-34

Jesus known in word and bread.

30. Matthew 28:16-20

Jesus calls you.

“Speak, Lord, your servant is listening.” 1 SAM 3:10